

Transportation

- Adult day service
- Shopping
- Social events
- Medical appointments
- Banking
- Non-medical appointments

Food Service

- Nutritious lunch program offered Monday—Friday 11:30 a.m.—1:00 p.m. Seniors are served on a donation basis.
- Meal on Wheels are delivered Monday through Friday to seniors and disabled adults living in the greater Eagle River to Eklutna area.
- Special Food service events are scheduled frequently. Please check out the activity calendar for information.
- The monthly birthday dinner is served on the fourth Thursday of each month at 6:00 p.m.



Independent Living

The Chugiak-Eagle River Senior Center has several housing options to meet your needs.

Our community consists of 21 Assisted Living units, 43 independent living apartments and a 20 unit HUD low-income senior apartments complex

The following programs & services are available to our residents: a health nutrition program, health outreach program, transportation as well as the following:

- Health Outreach Nurse
- Food service program
- Activity program
- Community rooms
- Library
- Computer lab
- Laundry facilities
- Health Outreach Nurse



"Serving seniors from Hiland Road to Eklutna."



Chugiak-Eagle River Senior Center is funded in part by individual donations and grants from U.S. Dept of Housing and Urban Development, State of Alaska Division of Seniors & Disabilities Services, The Municipality of Anchorage, The Alaska Mental Health Trust Authority, and the Rasmuson Foundation



Chugiak-Eagle River Senior Center



Chugiak-Eagle River Senior Center
22424 N Birchwood Loop Rd
Chugiak, AK 99567

Phone: 907-688-2677
Fax: 907-688-1319
Email: csc@mtaonline.net
Website: <http://www.chugiak.org>

Chugiak Senior Center

Chugiak-Eagle River Senior Center is managed by Chugiak Senior Citizens, Inc. a 501(c)(3) non-profit organization founded in 1975 to serve the needs of seniors in the Eagle River to Eklutna area.

Chugiak-Eagle River Senior Center provides services to people 55 years of age and older who live in the greater Chugiak-Eagle River and Eklutna areas.

We provide services to seniors and disabled adults. Our services are all geared toward helping seniors maintain their independence and remain in their chosen community.



We offer a variety of programs, including low income senior housing, an assisted living program, an adult day services program, a healthy nutrition program serving both residents and the public, Meals-on-Wheels to homebound seniors, computer classes for seniors, a preventive health nurse and a visiting professionals program which rotates specialists in numerous fields to provide on-site services.

Program & Services

- Activities
- Arts and Crafts
- Outings
- Special Events
- Games
- Library
- Computer lab
- Healthy Nutrition Program
- Dining Facility
- Meals-on-Wheels
- Transportation Program
- Adult Day Services
- Respite Services
- Beauty Shop
- Exercise Program
- 21 Assisted Living Apartments
- 43 Residential Living Apartments
- 20 Low-income Senior Apartments
- Preventive Health Outreach Nurse
- Health Classes
- Visiting Professionals Program
- Pet Therapy



For additional information, contact us at 688-2691 or stop by 22424 N. Birchwood Loop Rd., Chugiak, Monday – Friday between 9 a.m. and 5 p.m.

Adult Day Services

A nonresidential program, which is both structured and comprehensive, that provides a variety of health, social, and related support services in a protective setting.

ADS provides services to adults who are physically frail or face the challenges of Alzheimer's, dementia, a developmental disability, or a brain trauma.

Health

Healthy snacks and lunch
Exercise program
Assistance with ADL's

Activities

Arts, crafts, music,
Outings, events, fun
Pet Therapy

Safety

Supervision
Trained professional staff
Medication prompting
Transportation

The program is committed to maintaining and improving the quality of life for all participants. We provide assistance with activities of daily living and supervision at a level that is based on individual need.

Funded in part by a grant from the State of Alaska Department of Senior & Disabilities Services, ADS offers a sliding fee scale based on client income.

Assisted Living

Chugiak-Eagle River Senior Center Assisted Living Program (ALP) is a 20-unit complex providing 24 hour assistance to people in need of a supportive environment. ALP provides a special combination of housing, personalized assistance and health care.

This program was designed for seniors who desire residential living but also require support with some activities of daily living, such as, medication reminders, bathing, dressing and dining. But we don't stop there. Our assisted living program goes beyond simply providing assistance; we also provide a place to call home.

With the support of 24/7 licensed staff and individualized service plans, residents are able to maximize their independence and participate in activities that can promote socialization, friendships and health.

Our apartments are elegant, well-designed and spacious.

Independence

Assistance when needed
Activities
Transportation

Friendships

Socialization
A sense of community

Health

Healthy snacks and meals
Medication prompting